

24-Hour Crisis Text-Line: Free support and information over text. Text MN to 741741

United Way 2-1-1: Free and confidential assistance connecting to local health and human services information. Dial 2-1-1

National Suicide Prevention Lifeline: 1-800-273-TALK

Local Mental Health Agencies

McLeod County

- McLeod County Crisis Program: 320-864-2713

Cottonwood, Nobles, Jackson, Pipestone and Rock Counties

- Southwestern Mental Health: 800-642-1525

Big Stone, Chippewa, Kandiyohi, Lac qui Parle, Meeker, Renville and Swift Counties

- Woodland Centers: 800-432-8781

Lincoln, Lyon, Murray, Redwood and Yellow Medicine

- Western Mental Health: 800-658-2429

Local Human Services/Family Services Agencies

- Big Stone County: 320-839-2555
- Chippewa County: 320-269-6401
- Cottonwood County (DVHHH): 507-831-1891
- Jackson County (DVHHH): 507-847-4000
- Kandiyohi County: 320-231-7800
- Lac qui Parle County: 320-598-7594
- Lyon County SWHHH): 800-657-3760
- McLeod County: 320-864-3144
- Meeker County: 320-693-5300
- Murray County (SWHHH): 800-657-3811
- Kandiyohi County: 320-231-7800
- Nobles County: 507-295-5213
- Pipestone County (SWHHH): 888-632-4325
- Redwood County (SWHHH): 888-234-1292
- Renville County: 320-523-2202
- Sibley County: 507-237-4000
- Swift County: 320-843-3160
- Yellow Medicine County: 320-564-2211